



Клуб за борилачке вештине и рекреацију "ЗЕМУН"
Угриновачка 104, Земун
Београд-Центар "СИНГИДУМУ"
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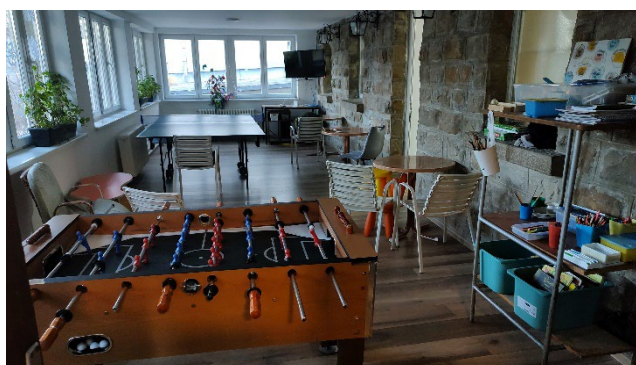
Информације на телефон: 063 55 54 53

XXV SUMMER AIKIDO SEMINAR "RAJAC 2025" JULY 26 - AUGUST 3 - 9 DAYS / FULL BOARD FOR 8 DAYS 35,000 RSD



MOUNTAIN LODGE "UNCLE DUŠKO JOVANOVIĆ"

On the slopes of Suvobor, on Rajac, nestled in a pine forest, there is the largest and most beautiful mountain lodge in the Balkans and one of the most beautiful in Europe. In the heart of Šumadija, only 100 km from the capital, the mountain lodge of the Mountaineering Sports Club "Pobeda" from Belgrade was built, named after their founder, Uncle Duško Jovanović. The lodge was built by the mountaineers between 1950 and 1953, on the initiative of Uncle Duško, a big mountain lover and long-term president of MSC "Pobeda". The pine trees around the lodge were planted by the mountaineers, too. **The lodge is located at 648 meters altitude.**





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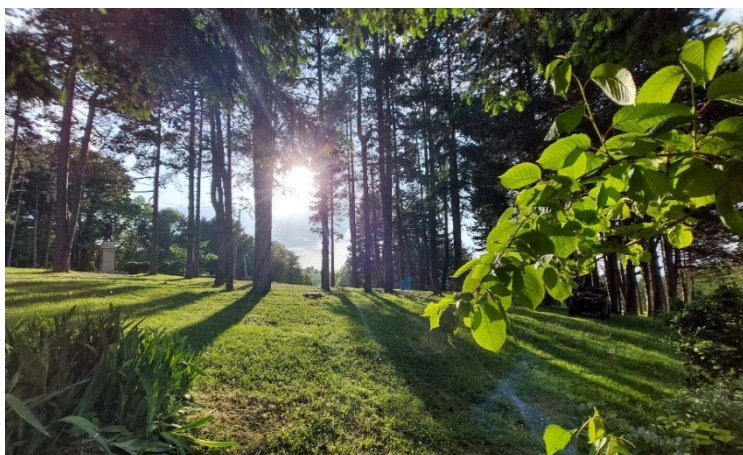
Currently, the lodge has 50 beds in double, triple and quadruple rooms. Spacious shared bathrooms (two on each floor) are completely renovated and very clean and sanitary. The club regularly maintains all rooms of the lodge and it is therefore comfortable both as a rest point and for a longer stay. The restaurant is leased. The excellence and quality of the food in the in-house restaurant is well known.



In Rajac there are 215 km of organised, marked hiking trails, as well as the European hiking trail E7, which partly passes through our country. The location of the lodge is excellent, close by the transversal of Rajac, the trail made in 1982. **The clean air, interesting landscapes, beautiful viewpoints and always friendly mountaineers, make each stay in the lodge in Rajac an unforgettable experience, so many guests happily return there.**

ABOUT THE SUVOBOR RAJAC

Rajac is a mountainous area, part of the Suvobor mountain, within the Valjevo mountain complex. It is located in the municipalities of Ljig and Gornji Milanovac, conveniently positioned only 10 km from Ljig, 25 km from Gornji Milanovac, 45 km from Arandjelovac, 50 km from Valjevo and about 90 km south of Belgrade. The altitude of Rajac ranges from 600 to 848 meters, thus offering stunning views.



It has been known for its stunning beauty among authors of old travel books, who often described Rajac as the 'Heaven on Earth'. It is in northwest Serbia, near the picturesque town of Ljig. Despite its modest altitude, Rajac, with its natural beauty and anthropogenic attractions, especially its ambient qualities and location, is perfectly positioned and emerging as a most popular centre among the Valjevo mountains. Ljig, the nearest town, is located on the Ibarska road and next to the "Miloš Veliki" motorway, connecting Rajac with Belgrade (90 km), Valjevo (50 km), Gornji Milanovce (45 km) and other cities, making it a potential touristic hub.

It extends over two municipalities - Ljig and Gornji Milanovac - the northern side of Rajac includes the village of Slavkovica, which belongs to the municipality of Ljig. Slavkovica, with its strategic location and development, is set to become the main access point from Belgrade, especially as it offers a fast 6 km long road to the top of Rajac.

METHOD OF PAYMENT:

- 5,000 dinars advance payment to book a place;
- The remaining amount may be paid in monthly instalments, no later than 7 days before the trip (you can pay the rest all at once at the parents' meeting before the trip) - 6 instalments of 5,000 dinars.



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Price of the seminar includes:

- ✓ Bus transfer: Zemun, 104 Ugrinovačka Street - Rajac - Zemun
- ✓ 8 full board accommodation in double or triple rooms with shared bathrooms, service based on full board and sweet/fruit snacks (breakfast, lunch, snack and dinner);
- ✓ Use of sports fields and accompanying facilities - table tennis, foosball;
- ✓ Two trainings per day - morning and afternoon, seminar fee;
- ✓ Travel organisation costs;
- ✓ Hiking with a professional guide;
- ✓ Residence tax and insurance.

We provide additional benefits for parents, friends and companions.

In case of significant changes in the monetary market or an insufficient number of registered passengers, we reserve the right to correct prices, change the program or cancel the trip no later than 7 days before the start.





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AIKIDO SEMINAR - briefly about the importance of this type of activity

This type of activity may be referred to as an Aikido Seminar or a school in nature, or an Aikido camp, or summer training, or recreational trip with a club, and that is why it is simply easier to say: "AIKIDO SEMINAR".

The summer multi-day Aikido Seminar takes place in the period when there are no regular trainings, and it has multiple roles:

- Aikido Seminar is led by aikido trainer Dejan Žuža, 7th DAN black belt master, who has led over 25 similar seminars and trips with over 750 participants in total;
- To make up for or to "interrupt" the usual two-month break (and for some clubs even three-month break) in aikido training, thus completing and refreshing the knowledge of those who miss aikido, i.e. true aikido enthusiasts, during the summer months;
- To bring together members from different aikido clubs who do not have the opportunity to visit other clubs during the year, and meet other members who practice in the Aikido Club "Singidunum" Elementary School "Drinka Pavlović"-Stari Grad, Martial Arts Club "Zemun" in 104 Ugrinovačka Street or other clubs of the Serbian Aikido Association;
- To enable the exchange of experience and knowledge, but not for the purpose of rivalry, but with the aim of gaining greater self-confidence and awareness of the acquired knowledge;
- To facilitate new connections that can turn into real friendships, because during the Seminar there is enough time for more intense socialising in a relaxed atmosphere with no pressure of time, schedules, etc.;
- To provide the opportunity to get to know the coach better, delve deeper into the theory of aikido, the meaning of training, the world of martial arts in general and get useful answers to many questions in a direct conversation, the questions that have not been asked during the season as there was no time;
- During the Seminar, due to the unlimited space and time for practice, aikido trainings allow for more freedom and creativity and thus provide a different dimension and enrich the training, making it even more interesting, including work with wooden weapons, defence against multiple attackers, etc.;
- Trainings take place in open, under clear skies, in clean air, in the nature;
- Younger members are taught to be independent, self-organised, self-disciplined and disciplined in general, to maintain personal hygiene, and be consistent and persistent.
- In mutual interaction, the students become more tolerant, sociable, learn to give and share, make direct contact with living beings without virtual obstacles in the form of electronic and screened devices, that is, phones, television, computers, video games, social networks, etc.
- They keep a regular, varied and healthy diet, a healthy sleeping and waking daily routine, and in return they receive adequate understanding, attention and love;
- At the seminar, they get to know the cultural, geographical and historical characteristics of the site where they are located and the values that can be recognised there, i.e. the plant and animal world that is characteristic of the area;
- During the seminar, they are in a friendly environment, supervised by the authority of the coach and all the time they learn to behave fine, treat others well, adapt and solve various everyday situations, exercise ethical principles and true family, cultural and traditional values;
- During the daily activities, entertainment and evening gatherings with songs, jokes and various shenanigans, some unforgettable moments are experienced that are later shared for generations.